



## Teodor Cristian Blidaru

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**Home:** București (Romania)

### WORK EXPERIENCE

#### Resident Doctor - Radiology and Medical Imaging

[ 14/12/2020 – Current ]

#### Assistant Professor - Radiology and Medical Imaging

*Carol Davila University of Medicine and Pharmacy* [ 01/10/2022 – Current ]

City: Bucharest

Country: Romania

#### Adviser to the Minister of Health

*Romanian Ministry of Health* [ 09/02/2022 – Current ]

#### Romania's Youth Delegate to the UN

*Ministry of Youth and Sports & Ministry of Foreign Affairs* [ 31/08/2019 – 31/08/2020 ]

Representation of young Romanians at the General Assembly of the United Nations, as well as at various other international events such as the meeting of the Executive Committee of the World Health Organization, the meeting of the CONUN working group of the Council of the European Union. The position also involved promoting the interests of young people and sustainable development in the national decision-making system.

#### Project Manager

*ForLIFE Human Resource Development Center* [ 30/06/2018 – Current ]

Coordination of the volunteer team of the LifeSIM Medical Simulation Center and organization of medical education events.

#### Various positions in project teams of the University of Medicine and Pharmacy "Carol Davila"

[ 30/06/2016 – Current ]

- 2021 - Coordinator in the project "ASPIRE 2.0. -Development of a French language module for the Faculty of Pharmacy"
- 2020 - Alumni Manager in the project "Building values for the future UMF Carol Davila Bucharest"
- 2019 - Project Coordinator "ASPIRE - Development of the international community of UMF Carol Davila Bucharest"
- 2018 - Assistant in the project "The inclusion process of UMF students Carol Davila Bucharest"
- 2017 - Project coordinator "Efficiency of the internationalization process of UMF Carol Davila Bucharest"
- 2016 - Marketing Manager in the project "Internationalization of the Carol Davila University of Medicine and Pharmacy Bucharest" -

## **CIVIL SOCIETY AND VOLUNTEERING**

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### **Romanian College of Physicians (CMR) - Coordinator of the Commission of Resident Doctors**

[ 31/01/2021 – Current ]

### **Economic and Social Council of Romania (CES) - Committee Member**

[ 14/01/2021 – 09/02/2022 ]

Member of the Committee on Labor Relations, Wage Policy, Social Inclusion, Social Protection and Health (C3)

### **The Multidisciplinary Society of Resident Physicians of Romania (SMMR) - VP External Affairs**

[ 31/01/2021 – 31/01/2022 ]

### **Global Shapers Bucharest Hub - Member**

[ 2018 – 2021 ]

-Conference on mental health in Shaping Conversations ("Romania's Troubled History with Mental Health")

-Health Literacy during COVID-19 Pandemic Webinar

### **International Federation of Medical Students Associations - Liaison Officer to Student Organizations**

[ 30/09/2018 – 30/09/2019 ]

- Co-Coordinator - World Health Students' Alliance (WHSA)
- Joint Working Group Member - World Healthcare Students' Symposium 2019
- Innovate4AMR - Organizer 2018 and 2019
- Informal Forum of International Students Organizations (IFISO) - Management Team
- Vaccination Policy Group Coordinator
- World Health Summit Regional Meeting (Iran) - Participant
- 2nd Global Call to Action on AMR (Ghana) - IFMSA delegate
- United Nations General Assembly 2018 - IFMSA delegate
- EU Joint Action on Antimicrobial Resistance (AMR) and Healthcare-Associated Infections (HCAI) - Participant Vienna 2018

### **Federation of Medical Students Associations in Romania (FASMR)**

[ 2016 – 2020 ]

Positions held: Supervisor (2020), President (2018, 2019), Secretary General (2017)

### **Rotaract Club Bucharest Levant - President & Founder**

[ 30/06/2017 – 30/06/2018 ]

### **The Medical Students' Society of Bucharest (SSMB)**

[ 2013 – 2020 ]

Positions held: President (2017-2018), Secretary General (2016-2017), Project Coordinator (2015-2016)

### **Students' Representative**

[ 2013 – 2020 ]

2014 - 2020: Representative in the Council of the Faculty of Medicine and in the Senate of UMF Carol Davila

2017 - 2018: Student representative on the Board of Directors of UMFC

2018 - 2019: The student representative in the Ethics Commission of UMFC

### **The Romanian National Council of Students (Consiliul Elevilor)**

[ 2011 – 2014 ]

-Vice president of the Romanian National Council of Students

-President of the Regional Council of Students Oltenia

-President of the Vâlcea County Council of Students

## **Interact Club Rm. Vâlcea - President**

[ 30/06/2012 – 30/06/2013 ]

## **EDUCATION AND TRAINING**

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### **PhD Candidate (Medicine)**

*Carol Davila University of Medicine and Pharmacy* [ 31/07/2021 – Current ]

### **Medical Doctor**

*Carol Davila University of Medicine and Pharmacy* [ 30/09/2014 – 30/09/2020 ]

### **Tobacco Control Leadership Training (Kiev)**

*Johns Hopkins Bloomberg School of Public Health, WHO Regional Office for Europe*

### **Training of Trainers**

*International Federation of Medical Students Associations*

### **Evaluator Student Certificate**

*Romanian Agency for Quality Assurance in Higher Education (ARACIS)*

## **SCIENTIFIC ACTIVITY**

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### **Scientific events attendance**

- European Congress of Radiology - 2023 (accepted for the Invest in Youth scholarship)  
*Poster presentation 1: Clinical use of functional brain MRI in preoperative planning*  
*Poster presentation 2: Rare complication of pulmonary embolism: pulmonary artery branches dissection*
- European Congress of Radiology - 2022  
*Poster presentation: Multifocal Osteonecrosis In Long COVID-19: An Emerging Imaging Challenge*
- Congress of the Romanian Society of Magnetic Resonance Imaging - 2022 (*Oral presentation*)
- Congress of the Romanian Society of Radiology - 2021 (*First Prize - Poster presentation*)
- International Medical Students' Congress of Bucharest - 2017, 2018, 2019
- International Medical Students Congress of Krakow - 2017 (*Third Prize*)
- Medicalis International Congress Cluj - 2017 (*Oral presentation*)
- Medical International Conference for Students - 2017 (*First Prize*)
- Carol Davila University Congress - 2014, 2015, 2016, 2017, 2018
- Romanian National Congress for Students and Young Physicians - 2014, 2015, 2016
- International Medical Sciences Students Congress Istanbul - 2016 (*Poster Prize*)
- National Anatomy Congress - 2016, 2015

### **Scientific articles**

- <http://www.rjlm.ro/system/revista/56/458-464.pdf>
- <https://medicinamoderna.ro/the-effect-of-lockdown-on-the-mental-and-physical-health-of-romanian-medical-undergraduates/>
- <https://medicinamoderna.ro/main-concerns-in-the-romanian-medical-system-a-doctors-perspective-over-the-last-3-years/>
- <https://europeansting.com/2018/11/23/is-it-too-soon-to-hope-for-a-tobacco-free-romania/>

## **INTERNATIONAL EVENTS AND EXCHANGES**

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### **International events attendance**

2020: Commission for Social Development (United Nations) - UN Youth Delegate of Romania

2020: WHO EB Meeting - UN Youth Delegate of Romania

2020: CONUN - European UN Working Group (Bruxelles, Belgium) - UN Youth Delegate of Romania

2019: United Nations General Assembly (New York, USA) - Youth Delegate of Romania

2019: World Health Summit (Kish Island, Iran) - Youth Representative

2019: World Health Assembly (Geneva, Switzerland) - Youth Delegate of Romania

2019: International Federation of Medical Students Associations General Assembly - Slovenia

2018: 2nd Global Call to Action on Antimicrobial Resistance (Accra, Ghana) - IFMSA Delegate

2018: Innovate4AMR Capacity Building Workshop (Geneva, Switzerland) - Organizing Committee and IFMSA Delegate

2018: Informal Forum of International Student Organizations (Istanbul Turkey) - IFMSA Delegate

2018: United Nations General Assembly (New York, USA) - IFMSA Delegate

2018: European Medical Student' Associations General Assembly - IFMSA Delegate

2018: International Federation of Medical Students Associations General Assembly - Canada

2018: International Federation of Medical Students Associations General Assembly - Egypt

2017: International Federation of Medical Students Associations General Assembly - Montenegro

### **Exchanges**

2016: Research Exchange - Universitas Pelita Harapan, Jakarta, Indonesia (1 month)

2017: Research Exchange - Universidad de Chile, Santiago, Chile (1 month)

2011-2012: Rotary Youth Exchange Program in Asahikawa, Japan (1 year)

## **LANGUAGE SKILLS**

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Mother tongue(s): **Romanian**

### **Other language(s):**

#### **English**

**LISTENING C2 READING C2 WRITING C2**

**SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2**

#### **Japanese**

**LISTENING A2 READING A1 WRITING A2**

**SPOKEN PRODUCTION A2 SPOKEN INTERACTION A1**

## **COMMUNICATION AND INTERPERSONAL SKILLS**

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### **Communication skills**

Experience gained in professional and volunteer activity, as well as through specialized trainings.

## **ORGANISATIONAL SKILLS**

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### **Management skills**

- Team coordination for over 10 years; Organizational management trainings within the National Council of Students, the Society of Medical Students of Bucharest and the International Federation of Medical Students Associations

## **DIGITAL SKILLS**

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Navigare Internet / Social Media / Microsoft Office / Utilizare buna a programelor de comunicare(mail messenger skype)

## **DRIVING LICENCE**

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**Driving Licence:** B